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North Sound Behavioral Health Administrative Services Organization, LLC

Section 1500 – Clinical: State Hospital Admission, Care Coordination and Continuity of Care

Authorizing Source: HCA Contract

Approved by: Executive Director

Date: 11/03/2020

Signature:

POLICY # 1536.00

SUBJECT: STATE HOSPITAL ADMISSION, CARE COORDINATION AND CONTINUITY OF CARE

PURPOSE

To ensure quality care coordination between Behavioral Health Agencies (BHA) and State Hospitals, as well as timely and appropriate discharges from State Hospitals to the least restrictive community settings possible.

POLICY

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) and its contracted providers shall participate in active care coordination with the State Hospitals to assist with providing high quality treatment and to facilitate timely and appropriate discharges.

Please reference *Policy 1597.00 Care Management and Coordination* for further details on Care management requirements for State Hospitals or 90/180 community civil commitment facilities.

PROCEDURES

Prior to admission, facilities holding non-Medicaid individuals detained on civil orders must contact North Sound BH-ASO to place them on the Western State Hospital (WSH) waitlist (see Policy #1578). The facility is responsible for sending an admission packet to WSH as requested. Once an individual is admitted to WSH, the hospital will assign a liaison from North Sound BH-ASO or a Medicaid Managed Care Organization (MCO) to coordinate discharge.

North Sound BH-ASO and contracted BHAs will serve all people admitted to a State Hospital from the North Sound region who are assigned to North Sound BH-ASO and will comply with the Western State Hospital (WSH)/Regional Support Network (RSN) Working Agreement (*see Attached Western State Hospital/RSN Working Agreement Policy 1536.01*).

If eligible, the individual will select a Behavioral Health Agency (BHA) prior to discharge from the WSH with the support of North Sound BH-ASO Hospital Liaison. All communication between North Sound BH-ASO BHAs and the State Hospitals regarding an individual's care or aftercare planning shall include the North Sound BH-ASO WSH Liaison. North Sound BH-ASO's WSH Liaison, and in some cases to include a designated BHA, will participate with State Hospital staff in developing plans for safe and appropriate discharge to the community. When necessary, the WSH Liaison will develop community discharge plans that are consistent with court ordered Less Restrictive Orders (LRO) or Conditional Releases (CR).

North Sound BH-ASO will coordinate with the Managed Care Organization (MCO) for individuals eligible for Apple Health Medicaid upon discharge or the regional BH-ASO when an individual is not Medicaid eligible and is being discharged to another region.

If eligible for Medicaid or non-Medicaid services following WSH discharge, the North Sound BH-ASO will provide assistance and support the individual get connected with a BHA to included scheduling Intake assessments and will ensure the assigned BHA has assumed responsibility for any CR or LRA in place.

EASTERN STATE HOSPITAL PROCEDURES

Eastern State Hospital (ESH) staff must alert North Sound BH-ASO when an individual from the North Sound area has been admitted and whether they request assistance with discharge.

If eligible, the individual will select a Behavioral Health Agency (BHA) prior to discharge from the ESH with the support of North Sound BH-ASO clinical staff. North Sound BH-ASO's clinical staff or, in some cases, the BHA will participate with ESH staff in developing plans for safe and appropriate discharge to the community with the goal of enabling individuals to leave the State Hospital upon determination the individual is ready for discharge. When necessary, North Sound BH-ASO clinical staff will assist ESH discharge planners in developing plans as LROs or CRs. Contracted North Sound BHAs will provide community behavioral health services to qualifying individuals discharged on a CR or LRO.

North Sound BH-ASO will coordinate with ESH and the sending BH-ASO when an individual is being discharged to the North Sound from another region.

North Sound BH-ASO's clinical staff will coordinate with residential providers, including Department of Social and Human Services' (DSHS) Aging and Long Term Service Administration's (AL TSA) Home and Community Services (HCS) case managers, to develop crisis plans to support placement.

North Sound BH-ASO's clinical staff will coordinate with Tribal governments and/or Indian Health Care Providers (IHCP) when it is known that an individual is an American Indian or Alaskan Native (AI/AN) and receives services from a Tribe and/or IHCP in Washington State.

90/180 CIVIL COMMITMENT FACILITY PROCEDURES

Scenarios in which a non-Medicaid individual from the North Sound region may be admitted to a 90/180 Civil Commitment Facility are as follows, in order of priority:

1. Individuals on a 90- or 180- day More Restrictive Order (MRO) or Revocation of an LRO and have been detained to a facility with Long-Term Community Beds may be moved into a 90/180 Civil Commitment Facility bed if one is open and available.
2. Individuals at a different facility who are on a 90- or 180 – day MRO or Revocation of an LRO and are on the WSH waitlist may be transferred into a 90/180 Civil Commitment Facility bed if one is open and available.

Prior to admission, the transferring facility is required to ensure the individual is medically clear.

North Sound BH-ASO clinical staff will work with the 90/180 Civil Commitment Facility's discharge team to identify potential placement options and identify barriers to placement so that the individual may return to the community once the treatment team determines the individual is ready for discharge.

North Sound BH-ASO's clinical staff will coordinate with residential providers, including Department of Social and Human Services' (DSHS) Aging and Long Term Service Administration's (AL TSA) Home and Community Services (HCS) case managers, to develop crisis plans to support placement.

North Sound BH-ASO's clinical staff will coordinate with Tribal governments and/or Indian Health Care Providers (IHCP) when it is known that an individual is an American Indian or Alaskan Native (AI/AN) and receives services from a Tribe and/or IHCP in Washington State.

ATTACHMENTS

1536.01 WSH-RSN Working Agreement